



2017 CUSTOMER SEMINAR SCHEDULE





WCF INSURANCE CUSTOMER SEMINARS

WCF Insurance seminars offer up-to-date information for best practices in safety and claims management to help you preserve your company's bottom line.

➡ **Classes are free to WCF Insurance policyholders.***

On Demand Seminars*

WCF Insurance provides online streaming safety seminars from our website, wcf.com. To access the seminars, select the "Safety" tab on the top navigation bar and select "On Demand Seminars." You will need your policy number to access the seminar. If you have trouble with the On Demand program, contact us at 385.351.8103.

Attend Seminars Via Live Video Conference at Our St. George or Ogden, Utah Branch Offices

Selected seminars will be offered via live video conference at the Ogden and St. George Utah branch offices. Look for the VCO (Video Conference Ogden) and VCS (Video Conference St. George) notations in the calendar schedule or in the seminar description in this brochure to see which seminars are offered by video conference. To register:

- Go online to www.wcf.com/safety
- Or call:

ST. GEORGE video conferences, call 435.652.5027 or 1.800.324.9470 ext 5027

OGDEN video conferences, call 801.476.2425 or 1.800.611.4550 ext 2425

Fulfill Association Discount Program Requirements

Attendance of a manager or supervisor to WCF Insurance customer seminars will fulfill the seminar attendance requirements for policyholders who qualify for the WCF Insurance Association Discount Program. For policyholders who have signed an association agreement for a premium discount through Utah Manufacturing Association, Associated General Contractors, Utah Trucking Association, Utah Roofing Association, or Utah Home Builders Association, attendance at two 1½-hour seminars or one ½ day seminar fulfills the agreement training requirement. For more information, talk to your insurance agent.

Continuing Education Credit

Select WCF Insurance seminars are pre-approved through the Utah Department of Occupational & Professional Licensing (DOPL) to fulfill the requirements for Contractor Continuing Education as specified in Utah Rule R156/55a. These seminars are designated by the letter (P) for professional credit and (C) for core credit, listed after the seminar description in this brochure. Only professional credit can be given for electricians and plumbers licenses. All license numbers are required at the time of registration, and contractors should keep all course certificates and class materials for documentation/verification purposes should DOPL perform an audit. For more information, visit <http://www.dopl.utah.gov/licensing/contracting.html>.

* Due to the inability to verify attendance for on demand seminars, completing an online course does not count toward the seminar attendance requirements for customers who qualify for the association discount programs or for contractor licensing continuing education.

Attendance in person is required to fulfill these requirements.

† All courses are free to policyholders with the exception of a \$50 materials fee for the OSHA Construction Safety 10-Hour and the OSHA General Industry Safety 10-Hour Seminars.

SEMINAR INFORMATION & REGISTRATION

Safety Course Information

- All courses are free to policyholders with the exception of a \$50 materials fee for the OSHA Construction Safety 10-Hour and the OSHA General Industry Safety 10-Hour Seminars. Due to the popularity of these two courses, registration is limited to four people per company.
- Non-WCF Insurance policyholders are invited to attend all courses for a fee of \$175 per seminar.
- If you need special accommodations, please contact WCF Insurance five business days in advance of the course so arrangements can be made.
- Please note that the schedule and locations may be subject to change.
- For more information, contact the WCF Insurance Safety Department at: 800.446.2667 ext. 8103.

➔ **ONLINE REGISTRATION:** www.wcf.com

➔ **PHONE REGISTRATION:** 385.351.8103 or 800.446.2667 ext.8103

You may register by calling the WCF Insurance Safety Department, Monday–Friday 8:00 a.m.– 5:00 p.m.



WCF INSURANCE SAFETY ACADEMY

Safety & Health Certificate Program



SAFETY & HEALTH ASSOCIATE

Must complete required courses.

REQUIRED COURSES

OSHA 10-hour (Construction or General Industry)
Controlling Workers' Compensation Costs
Incident Investigation
Industrial Ergonomics or Office Ergonomics
Preventing Workplace Slips, Trips, and Falls
Strain & Sprain Injury Prevention Techniques
Basics of Occupational Health Hazards
+3 Hours Elective Courses from WCF Insurance
Safety Schedule



SAFETY & HEALTH MASTER

Must complete the Associate requirements and required courses.

REQUIRED COURSES

Advanced Ergonomics (1/2 day)
Best Practices in Safety: ANSI Z-10 Standard
(1/2 day)
Industrial Hygiene for the Safety Manager
(1/2 day)
+9 Hours Elective Courses from WCF Insurance
Safety Schedule

Apply online through the safety course registration
page at www.wcf.com or call 385.351.8103.



WCF INSURANCE 2017 SEMINAR SCHEDULE

	DATE	TIME	CLASS	PLACE		DATE	TIME	CLASS	PLACE
JANUARY	1/12	8:30 - 10:00	Preventing Workplace Slips, Trips, and Falls (P) OD, VCO	Sandy	APRIL	4/5	8:30 - 10:00	Risk Management: Identifying, Assessing, & Reducing Risk (P) OD	Ogden
	1/12	10:15 - noon	UPDATED! OSHA 300 Log: Understanding the Requirements (C) OD, VCO	Sandy		4/5	10:15 - 11:45	UPDATED! OSHA 300 log: Understanding the Requirements (C) OD	Ogden
	1/18	8:30 - 10:00	Incident Investigation OD	Las Vegas		4/6	8:30 - 10:00	Strain & Sprain Injuries: Prevention Techniques (P) OD, VCO	Sandy
	1/18	10:15 - 11:45	Safety Culture: Promoting a Safe Workplace Culture OD	Las Vegas		4/6	10:15 - 11:45	NEW! Safety Incentive Programs: A Balanced Approach (P) VCO	Sandy
	1/19	8:30 - 10:00	Ergonomics: Industrial Ergonomics (P) OD, VCO, VCS	Sandy		4/12	8:30 - 10:00	Personal Protective Equipment (C) OD	Ephraim
	1/19	10:15 - 11:45	NEW! Silica: Understanding the New OSHA Standards (P) VCO, VCS	Sandy		4/12	10:15 - 11:45	NEW! Lone Worker Safety (P)	Ephraim
	1/25	8:30 - 5:00	OSHA Construction Safety 10 hour (Day 1) (C)	Sandy		4/13	8:30 - 10:00	Electrical Safety and Lockout/Tagout (C) OD, VCO	Sandy
	1/26	8:30 - 11:45	OSHA Construction Safety 10 hour (Day 2) (C)	Sandy		4/13	10:15 - 11:45	Machine Guarding (C) OD, VCO	Sandy
FEBRUARY	2/1	8:30 - 10:00	Incident Investigation (P) OD	Cedar City		4/18	8:30 - noon	Strategies for Return to Work (P)	Sandy
	2/1	10:15 - 11:45	Confined Space in Construction: Understanding the Regulation (C)	Cedar City		4/19	8:30 - 10:00	Using Human Performance Indicators in Your Safety Program (P) OD	Logan
	2/2	8:30 - 10:00	Incident Investigation (P) OD	St. George		4/19	10:15 - 11:45	UPDATED! Behavioral Safety (P) OD	Logan
	2/2	10:15 - 11:45	Confined Space in Construction: Understanding the Regulation (C)	St. George		4/20	8:30 - 10:00	Ergonomics: Office Ergonomics (P) OD, VCO, VCS	Sandy
	2/9	8:30 - 10:00	Controlling Workers' Compensation Costs (P) OD, VCO	Sandy		4/20	10:15 - 11:45	Basics of Occupational Health Hazards (P) OD, VCO, VCS	Sandy
	2/9	10:15 - 11:45	Back, Eye, and Hand Injury Prevention (P) OD, VCO	Sandy		4/27	8:30 - 10:00	NEW! Strengthening Your HAZCOM Program (C) VCO	Sandy
	2/16	8:30 - noon	Trucking Industry Safety Seminar (1/2 day) VCO, VCS	Sandy		4/27	10:15 - 11:45	Managing Your Experience Modifier (P) VCO	Sandy
	2/22	8:30 - 5:00	OSHA Construction Safety 10 hour (Day 1) (C)	Ogden	MAY	5/4	8:30 - 10:00	Confined Space in Construction: Understanding the Regulation (C) OD, VCO	Sandy
	2/23	8:30 - noon	OSHA Construction Safety 10 hour (Day 2) (C)	Ogden		5/4	10:15 - 11:45	NEW! Silica: Understanding the New OSHA Standards (C) VCO	Sandy
MARCH	3/2	8:30 - 11:45	Ergonomics: Advanced Ergonomics (1/2 day) (P) VCO	Sandy		5/9	8:30 - noon	Strategies for Return to Work	Las Vegas
	3/8	8:30 - 5:00	OSHA Construction Safety 10 hour (Day 1) (C)	St. George		5/10	8:30 - 10:00	NEW! Fleet Safety (P)	Vernal
	3/9	8:30 - 11:45	OSHA Construction Safety 10 hour (Day 2) (C)	St. George		5/10	10:15 - 11:45	Drug Free Workplace: Promoting a Drug Free Environment (P) OD	Vernal
	3/16	8:30 - 11:45	Occupational Health Hazards for the Safety Manager (1/2 day) (C) VCO	Sandy		5/11	8:30 - 10:00	Working Safely From Heights (C) VCO, VCS	Sandy
	3/22	8:00 - 10:00	Safety Culture: Promoting a Safe Workplace Culture OD	Boise		5/11	10:15 - 11:45	Fraud Prevention: Protecting the Legitimate Need (P) VCO, VCS	Sandy
	3/22	10:15 - 11:45	Incident Investigation OD	Boise		5/17	8:30 - 5:00	OSHA Construction Safety 10 hour (Day 1) (C)	Sandy
	3/28	8:30 - noon	Strategies for Return to Work (P)	Ogden		5/18	8:30 - 11:45	OSHA Construction Safety 10 hour (Day 2) (C)	Sandy
	3/29	8:30 - 5:00	OSHA General Industry Safety 10 hour (Day 1) (C)	Sandy		5/24	8:30 - 10:00	Controlling Workers' Compensation Costs OD	Reno
	3/30	8:30 - 11:45	OSHA General Industry Safety 10 hour (Day 2) (C)	Sandy		5/24	10:15 - 11:45	Using Human Performance Indicators in Your Safety Program OD	Reno

	DATE	TIME	CLASS	PLACE		DATE	TIME	CLASS	PLACE
JUNE	6/7	8:30 - 10:00	UPDATED! Behavioral Safety (P) OD	Orem	NOVEMBER	11/1	8:30 - 10:00	NEW! The Chemistry of Stress & Success in the Workplace (P)	Cedar City
	6/7	10:15 - 11:45	Personal Protective Equipment (C) OD	Orem		11/1	10:15 - 11:45	NEW! Safety Incentive Programs: A Balanced Approach (P)	Cedar City
	6/8	8:30 - 10:00	NEW! Safety Management: Selling Safety to Management & Employees (P) VCO, VCS	Sandy		11/2	8:30 - 10:00	NEW! The Chemistry of Stress & Success in the Workplace (P)	St. George
	6/8	10:15 - 11:45	UPDATED! Safety Management: Balanced Scorecard and Leading Indicators (P) VCO, VCS	Sandy		11/2	10:15 - 11:45	NEW! Safety Incentive Programs: A Balanced Approach (P)	St. George
	6/15	8:30 - 10:00	Wellness and Injury Prevention (P) OD, VCO	Sandy		11/2	8:30 - 10:00	UPDATED! Safety Management: Balanced Scorecard and Leading Indicators (P) VCO	Sandy
	6/15	10:15 - 11:45	NEW! Lone Worker Safety (P) VCO	Sandy		11/2	10:15 - 11:45	Drug Free Workplace: Promoting a Drug Free Environment (P) OD, VCO	Sandy
	6/20	8:30 - 1:30	Safety Summit	Sandy		11/7	8:30 - noon	Strategies for Return to Work (P)	Sandy
AUG	8/23	8:00 - noon	DDC-4: Defensive Driving Course (P)	Ogden		11/8	8:30 - 10:00	UPDATED! OSHA 300 log: Understanding the Requirements (C) OD	Logan
SEPTEMBER	9/7	8:30 - 11:45	Best Practices in Safety: ANSI Z10 Standard (1/2 day) (P) VCO	Sandy		11/8	10:15 - 11:45	NEW! Fleet Safety (P)	Logan
	9/12	8:30 - noon	Strategies for Return to Work	Logan		11/9	8:30 - 10:00	NEW! Safety Management: Selling Safety to Management & Employees (P) VCO	Sandy
	9/13	8:30 - 10:00	Severe Injury and Fatality Prevention (C) OD	Orem		11/9	10:15 - 11:45	Violence in the Workplace (P) OD, VCO	Sandy
	9/13	10:15 - 11:45	Incident Investigation (P) OD	Orem		11/15	8:30 - 5:00	OSHA Construction Safety 10 hour (Day 1) (C)	Sandy
	9/14	8:30 - 10:00	Forklift Safety: Train the Trainer Refresher (C) OD, VCO, VCS	Sandy		11/16	8:30 - 11:45	OSHA Construction Safety 10 hour (Day 2) (C)	Sandy
	9/14	10:15 - 11:45	Training: Effective Safety Training Techniques (P) OD, VCO, VCS	Sandy		11/30	8:30 - 10:00	Preventing Workplace Slips, Trips, and Falls (P) VCO	Sandy
	9/21	8:30 - 10:00	NFPA: Understanding the 70E Standard (C) VCO	Sandy		11/30	10:15 - 11:45	Working Safely From Heights (C) VCO	Sandy
	9/21	10:15 - 11:45	Respiratory Protection (C) OD, VCO	Sandy	DECEMBER	12/6	8:30 - 10:00	OSHA: Intro to OSHA Construction Safety (C)	Ogden
	9/27	8:30 - 5:00	OSHA Construction Safety 10 hour (Day 1)	Las Vegas		12/6	10:15 - 11:45	NEW! Silica: Understanding the New OSHA Standards (C)	Ogden
	9/28	8:30 - 11:45	OSHA Construction Safety 10 hour (Day 2)	Las Vegas		12/7	8:30 - 10:00	NEW! Strengthening Your HAZCOM Program (C) VCO, VCS	Sandy
OCTOBER	10/5	8:30 - 10:00	Incident Investigation (P) OD, VCO	Sandy		12/7	10:15 - noon	UPDATED! OSHA 300 Log: Understanding the Requirements (C) OD, VCO, VCS	Sandy
	10/5	10:15 - 11:45	Controlling Workers' Compensation Costs (P) OD, VCO	Sandy					
	10/19	8:00 - noon	DDC-4: Defensive Driving Course (P) VCO	Sandy					
	10/26	8:30 - 10:00	Strain & Sprain Injuries: Prevention Techniques (P) OD, VCO, VCS	Sandy					
	10/26	10:15 - 11:45	Noise Control and Hearing Conservation (C) VCO, VCS	Sandy					

WCF INSURANCE 2017 CUSTOMER SEMINAR DESCRIPTIONS

Back, Eye, and Hand Injury Prevention: This course reviews the basic techniques of injury prevention for back, eye and hand injuries which are the most frequently occurring injuries across the nation. Participants will gain helpful information to assist them in loss prevention and control. (This course approved for 1.5 Professional Contractor Continuing Education hours). **2/9 (P) VCO, OD**

Basics of Occupational Health Hazards: This course is designed to help managers understand the art and science of measuring for chemicals, dust, and noise as it applies to the modern workplace. Skills necessary for the anticipation, recognition, evaluation and control of various subtle workplace hazards will be discussed. Workplace exposure values will also be discussed as well as the basics of chemical toxicology. (This course approved for 1.5 Professional Contractor Continuing Education hours). **4/20 (P) OD, VCO, VCS**

UPDATED! Behavioral Safety: This course is an introduction to the concepts of behavioral safety. The workplace cultures and management styles in which the behavioral safety process can be successful will be discussed. Basic elements of behavioral safety will be presented and WCF's Behavior Observation tool will be provided to implement the process in your workplace. (This course approved for 1.5 Professional Contractor Continuing Education hours). **4/19, 6/7 (P) OD**

Best Practices in Safety: ANSI/AIHA Z10-2012 Standard (1/2 day): The ANSI/AIHA Z-10-2012 Standard for Occupational Health and Safety Management Systems is a valuable tool for employers to use to evaluate their current safety management system and compare it to industry best-practices. This course will provide an overview of the standard and discuss how to use it in developing new, or in evaluating current safety management systems. (This course approved for 3 Professional Contractor Continuing Education hours). **9/7 (P) VCO**

Confined Space in Construction: Understanding the Regulation: This course will review the requirements of the New OSHA Confined Space Standard for construction, the hazards involved in confined spaces and how to eliminate, control or minimize such hazards. Specific spaces that fall under this standard will be reviewed as well as what spaces are covered under other OSHA standards. (This course approved for 1.5 Core Continuing Education hours). **2/1, 2/2, 5/4 OD, VCO**

Controlling Workers' Compensation Costs: It is very important to understand sound workers' compensation management principles and how to implement them into business management systems. This course will explain the basics of workers' compensation pricing and how you can help control the cost of workers' compensation insurance. (This course approved for 1.5 Professional Contractor Continuing Education hours). **2/9, 5/24, 10/5 (P) OD, VCO**

DDC 4: Defensive Driving Course: The National Safety Council's DDC 4 course provides key understanding, skills and techniques to avoid collisions, reduce traffic violations and change driver behaviors and attitudes. Participants will acquire the basic knowledge and techniques to recognize potential hazards and avoid collisions and violation. The course will motivate them to change their behind-the-wheel behaviors and attitudes. Students will learn coping techniques for dealing with speeding, distracted driving, impaired driving, and hazardous traffic conditions and more. The result will be a more responsible driver who understands best practices to prevent injury and death while driving a motor vehicle. (This course approved for 4 Professional Contractor Continuing Education hours). **8/23, 10/19 (P) VCO**

Drug Free Workplace: Promoting a Drug Free Environment: Topics discussed will include how to develop a Drug Free Workplace Program, how to plan and implement a substance abuse testing program, and a discussion of the signs of drug use.

(This course approved for 1.5 Professional Contractor Continuing Education hours). **5/10, 11/2 (P) OD, VCO**

Electrical Safety & Lockout/Tagout: This is a basic electrical safety course to help participants recognize the electrical hazards that might be present in the workplace. Participants will also receive information to assist them in complying with OSHA's Control of Hazardous Energy Standard (29 CFR 1910.147). (This course approved for 1.5 Core Contractor Continuing Education hours). **4/13 (C) OD, VCO**

Ergonomics: Advanced Ergonomics: This half day course will discuss and demonstrate accepted mathematical methods and tools used to evaluate ergonomic risk factors, and to calculate and create risk analyses of specific job tasks. The NIOSH Revised Lifting Equation and other peer reviewed tools for evaluating the risk of musculoskeletal injury will be presented and practiced. Other ergonomic evaluation tools will be introduced. Please bring a calculator. (This course approved for 1.5 Professional Electrician & Plumber Continuing Education hours). **3/2 (P) VCO**

Ergonomics: Industrial Ergonomics: This course introduces fundamental ergonomic principles and how they apply to the industrial environment. Common ergonomic risk factors will be reviewed. Tips to optimize posture and to increase comfort and productivity will be discussed. (This course approved for 1.5 Professional Contractor Continuing Education hours). **1/19 (P) OD, VCO, VCS**

Ergonomics: Office Ergonomics & Safety: This course introduces fundamental ergonomic principles and how they apply to the office environment. Common ergonomic risk factors will be reviewed. Tips to optimize workstation setup and employee posture and to increase comfort and productivity will be discussed. (This course approved for 1.5 Professional Contractor Continuing Education hours). **4/20 (P) OD, VCO, VCS**

NEW! Fleet Safety: If your organization is in need of a fleet safety program or need to upgrade your program, this is the safety course for you. This course will teach effective implementation of safety-related policies and procedures. You will gain technical knowledge taught within the context of the importance of safety and applying a quality management approach to safety program implementation. Attendees will receive a copy of the WCF Insurance "Motor Vehicle Safety System Cost Control Guidebook". (This course approved for 1.5 Professional Contractor Continuing Education hours). **5/10, 11/8 (P)**

Forklift Safety Train-the-Trainer Refresher: This course will cover aspects of forklift operator training and will prepare participants to develop and implement an in-house program in compliance with the OSHA standard for powered industrial trucks (29 CFR 1910.178). Critical issues of safe lift truck operations will be discussed, and materials to help implement the program will be available. (This course approved for 1.5 Core Contractor Continuing Education hours). **9/14 (C) OD, VCO, VCS**

Fraud Prevention: Protecting Legitimate Need: This course outlines the business impact of workers' compensation fraud. Topics will include identification and prevention of fraud. Resources and information will be provided for employers to protect their businesses, and deter illegitimate claims. (This course approved for 1.5 Professional Contractor Continuing Education hours). **5/11 (P) VCO, VCS**

Incident Investigation: This course will give participants basic investigative techniques and management tools directed at gathering information during an incident investigation. It will focus on underlying accident causation in order to prevent reoccurrences. (This course approved for 1.5 Professional Contractor Continuing Education hours). **1/18, 2/1, 2/2, 3/22, 9/13, 10/5 (P) OD, VCO, VCS**

NEW! Lone Worker Safety: Do you have employees who work alone? Routinely? Periodically? Occasionally? A lone worker is an employee who performs an activity that is carried

out in isolation from other workers without close or direct supervision. This course will provide information to help understand what a lone worker is, what safety controls need to be put in place, what communication systems and technology are available to reduce lone worker hazards and best practices to assess and reduce the potential exposures to your lone workers. (This course approved for 1.5 Professional Contractor Continuing Education hours). **4/12, 6/15 (P) VCO**

Machine Guarding: Basic machine guarding techniques and a variety of machinery guarding options will be discussed. This course is designed to give participants basic knowledge of machine guarding requirements based on the Occupational Safety and Health Administration (OSHA) and American National Standards Institute (ANSI) protocol. (This course approved for 1.5 Core Contractor Continuing Education hours). **4/13 (C) OD, VCO**

Managing Your Experience Modifier: Managing your experience modifier is critical to containing insurance costs. This course introduces basic concepts of the NCCI Experience Modifier such as its purpose and basic calculation. The final section of this class will feature a discussion on how to manage the experience modifier. (This course approved for 1.5 Professional Contractor Continuing Education hours). **4/27 (P) VCO**

NFPA: Understanding the 70E Standard: This course is designed to help organizations understand the requirements of the NFPA 70E "Standard for Electrical Safety in the Workplace" and the relationship with OSHA Standards. The majority of the course focuses on requirements of NFPA 70E. Topics include discussion on basic electrical hazards, arc flash information, PPE requirements, proper electrical work practices, and compliance practices. (This course approved for 1.5 Core Contractor Continuing Education hours). **9/21 (C) VCO**

Noise Control & Hearing Conservation: This course will provide a basic understanding of the principles of noise control and hearing conservation to assist you in protecting your employees from the permanent effects of noise induced hearing loss. The requirements of the OSHA Hearing Conservation Standard (1910.195) will be reviewed. Various alternatives for noise dampening and control in the workplace will also be discussed. (This course approved for 1.5 Core Contractor Continuing Education hours). **10/26 (C) VCO, VCS**

UPDATED! OSHA 300 Log: Understanding the Requirements: This course will discuss the OSHA requirements for recordkeeping, including tracking and documenting workplace injuries/illnesses and filling out the required OSHA 300 log form. This course will review the "300 Form" and the basic subtleties between "OSHA recordable" and "reportable" injuries. New OSHA reporting requirements will be reviewed. Basic principles of claims management will also be discussed. (This course approved for 1.5 Core Contractor Continuing Education hours). **1/12, 4/5, 11/8, 12/7 (C) OD, VCO, VCS**

OSHA Construction Safety 10 hour: Using OSHA standards as a guide, this 10 hour course will provide safety information on topics directly impacting most construction companies. Two-day attendance is necessary to receive an OSHA completion card, which is a requirement on many bid submissions and job sites. Attendance fee for this course: WCF policyholders - \$50, non-WCF policyholders - \$175. (Limit 4 enrollments per company.) Note: This course is offered over two days. Attendance for both days is required to qualify for an OSHA certificate/wallet card. (This course approved for 10 Core Contractor Continuing Education hours). **1/25-26, 2/22-23, 5/17-18, 9/27-28, 11/15-16 (C)**

OSHA General Industry Safety 10 hour: Using OSHA General Industry Standards as a guide, this 10-hour course provides safety and related information to businesses who fall under OSHA's general industry standards. Two-day attendance

is required to receive an OSHA completion card. Attendance fee for this course: WCF policyholders – \$50, non-WCF policyholders – \$175. (Limit 4 enrollments per company.) (This course approved for 10 Core Contractor Continuing Education hours). **3/29-30 (C)**

OSHA Intro to OSHA Construction Safety:

This course will provide an overview of the basic requirements of the OSHA standards for Construction. OSHA standards reviewed will include fall protection, scaffold safety, electrical, common jobsite hazards, and health hazard concerns. (This course approved for 1.5 Core Contractor Continuing Education hours). **12/6 (C) OD**

Personal Protective Equipment: This course provides an overview of the OSHA and NIOSH requirements for the selection and use of personal protective equipment. It will discuss hazard assessments and employee training as required by the OSHA Personal Protective Equipment Standard. (This course approved for 1.5 Core Contractor Continuing Education hours). **4/12, 6/7 (C) OD**

Preventing Workplace Slips, Trips & Falls: This course will provide techniques and principles for preventing slips, trips and falls in the workplace due to slippery or cluttered work surfaces. WCF Insurance's new slip & fall prevention tool will be given to each attendee. NOTE: This course is not a course in fall protection from heights. (This course approved for 1.5 Professional Contractor Continuing Education hours). **1/12, 11/30 (P) OD, VCO**

Respiratory Protection: This course provides the tools and knowledge needed to implement and manage a respiratory protection program, as required by OSHA. This course will review updates to standards, approved respirator types, and correct respirator selection, fit and usage. (This course approved for 1.5 Core Contractor Continuing Education hours). **9/21 (C) OD, VCO**

Risk Management: Identifying, Assessing & Reducing Risk: If you feel your safety program is at a plateau and you are looking to take that next step to developing a "world class" safety program, look to an approach of reducing your risks. Just about everything we do at work involves some degree of risk to loss due to injury, product or property damage. This course will provide the tools necessary to assess, prioritize and formulate a specific plan of action to reducing risk and the subsequent potential for dollar losses. (This course approved for 1.5 Professional Contractor Continuing Education hours). **4/5 (P)**

Safety Culture: Promoting a Safe Workplace Culture (P): The success of a company is directly related to its corporate culture and integrated in that culture is the way in which a company views the importance of safety. This course is designed to help companies realize the importance of establishing a strong safety culture within an organization and that corporate culture ultimately determines injury frequency and severity. (This course approved for 1.5 Professional Contractor Continuing Education hours). **1/18, 3/22 (P) OD**

NEW! Safety Incentive Programs: A Balanced Approach: This course describes traditional safety management principles. Key elements of a written safety program will be described. Participants will learn safety management techniques that will help them transform a written safety program into work operations. (This course approved for 1.5 Professional Contractor Continuing Education hours). **4/6, 11/1, 11/2 (P) VCO**

UPDATED! Safety Management: The Balanced Safety Scorecard & Leading Indicators: World class S&H programs look at many data sources to track their progress towards injury and illness

prevention. Recent research, as well as ANSI best practice standards, confirm the necessity of examining both leading and trailing indicators in a "Balanced Scorecard" approach. This seminar will define these indicators and provide an easy to use "scorecard" that gives management and line employees a high impact, common frame of reference for measuring safety performance. (This course approved for 1.5 Professional Contractor Continuing Education hours). **6/8, 11/2 (P) VCO, VCS**

NEW! Safety Management: Selling Safety to Management & Employees: This course will focus on methods of convincing upper management and employees of the importance of safety. Participants will learn how to tie safety to a company's bottom line and defend investments made into safety solutions. In addition, techniques for bringing home safety to the employees will be covered. Specific safety data trending and analysis tools such as WCF Insurance's claims dashboard and loss run will be explained. (This course approved for 1.5 Professional Contractor Continuing Education hours). **6/8, 11/9 (P) VCO, VCS**

Safety Summit: Come join our annual safety summit in honor of Utah Safety Week. Best practices in safety and how to implement effective safety programs will be discussed. WCF Insurance safety award winners will present real life how to's for an effective safety program. **6/20**

Severe Injury & Fatality Prevention (P): There are hundreds of life changing, severe injuries every day. This workshop will focus on proactive measures that can be taken to identify and prevent fatalities and severe injuries in the workplace. (This course approved for 1.5 Professional Contractor Continuing Education hours). **9/13 (P)**

NEW! Silica: Understanding the New OSHA Standards: Respirable silica is a workplace hazard affecting about 2.3 million workers in the USA. OSHA has recently altered the regulation and lowered the PEL. In this class you will learn about the changes to the respirable silica regulation and understand key elements for your industry to keep your workers safe and compliant. (This course approved for 1.5 Core Contractor Continuing Education hours). **1/19, 5/4, 12/6 (C) VCO, VCS**

Strain & Sprain Injuries: Prevention Techniques: This course will focus on the fundamental components of a successful strain and sprain injury prevention program. Basic techniques in awareness, training and conditioning used for effective strain and sprain injury prevention will be highlighted. Participants will leave with samples and helpful information to assist them in injury prevention and control. (This course approved for 1.5 Professional Contractor Continuing Education hours). **4/6, 10/26 (P) OD, VCO, VCS**

Strategies for Return to Work (Strategies for Managing Lost Time Claims): This course will detail important aspects of returning injured workers back to functioning employees, thus reducing overall costs. This is a "win-win" process for you and your employee. (This course approved for 1.5 Professional Contractor Continuing Education hours). **3/28, 4/18, 9/12, 11/8 (P)**

NEW! Strengthening Your HAZCOM Program: Hazard Communication program is one of the most cited OSHA standards. This course will provide the knowledge needed to keep your employees safe while working with hazardous materials. Key principles in training, record keeping, and system management will be discussed. (This course is approved for 1.5 Core Continuing Education hours). **4/27, 12/7 (C) VCO, VCS**

NEW! The Chemistry of Stress & Success in the Workplace: Stress can affect us in many areas of our lives including work. Too much stress can increase wear and tear on the heart and other internal organs and gradually wear down the immune system. However, some stress can actually be good for us and can help us perform at a peak level. This seminar will review the chemical stressors in our body and how they interact with one another. Participants will walk away with a formula for success to live a healthier and more productive life. (This course approved for 1.5 Professional Contractor Continuing Education hours). **11/1, 11/2 (P)**

Training: Effective Safety Training Techniques:

This course will focus on effective safety presentation and training techniques for the most effective learning environment. Adult learning theory will be discussed as well as the "do's and don'ts" for the safety trainer. (This course approved for 1.5 Professional Contractor Continuing Education hours). **9/14 (P) OD, VCO, VCS**

Trucking Industry Safety Seminar (1/2 day): This course is designed to address the loss prevention and claims management issues specific to the trucking industry. Lunch will be provided. **2/16 VCO, VCS**

Using Human Performance Indicators in Your Safety Program: Human Performance Indicators is a system of identifying and analyzing the root causes of performance issues, and implementing big picture solutions across the organization. The system approach puts a new perspective on human error: it is not a cause of failure, alone, but rather a symptom of deeper trouble within your organization's system. In this seminar you will learn to identify error precursors in your workplace and implement tools in your organization that are designed to help you reduce the consequence of errors to zero. (This course approved for 1.5 Professional Contractor Continuing Education hours). **4/19, 5/24 (P)**

Violence in the Workplace: This course will offer ideas and help with dealing with upset individuals in the workplace. Techniques for defusing hostile situations, improving customer relations, and preventing robbery will be presented. Course objectives are to help employers provide a safe workplace and reduce the risk of a violent incident. (This course approved for 1.5 Professional Contractor Continuing Education hours). **11/9 (P) OD, VCO**

Wellness and Injury Prevention Programs: There are well known benefits resulting from both workplace wellness and safety programs. These programs can be, and typically are, implemented separately and independently of one another. In this seminar, we will look at the benefits and improved efficiencies of integrating these programs together into one overarching Health, Safety, and Wellness program. (This course approved for 1.5 Professional Contractor Continuing Education hours). **6/15 (P) OD, VCO**

Working Safely From Heights: Working at heights remains a frequent cause of fatalities and serious injuries. This seminar is specifically designed to help prevent falls from heights in the workplace. Exposure from heights from ladders, elevated platforms, scaffolding, and many more will be covered. OSHA standards on working from heights and best practices to prevent falls will be highlighted. (This course approved for 1.5 Core Contractor Continuing Education hours). **5/11, 11/30 (C) VCO, VCS**

P = This course meets the requirements for professional continuing education hours for contractor licensing in Utah.

C* = This course meets the requirements for core continuing education hours for contractor licensing in Utah

OD = On Demand - This course is available for viewing on demand through WCF Online Safety Seminars.

VCO = Video Conference Ogden – This course is available via video conference at the WCF Ogden branch office. (Check course schedule for specific dates.)

VCS = Video Conference Ogden – This course is available via video conference at the WCF St. George branch office. (Check course schedule for specific dates.)

**Per Utah Division of Occupational and Professional Licensing (DOPL) requirements, WCF Insurance Seminars provide only professional continuing education credit for licensed plumbers and electricians.*



2017

CUSTOMER SEMINAR

SCHEDULE